



## ISI Hockey Skating 5

Test Date \_\_\_\_\_

ISI Rink # \_\_\_\_\_ Rink Name \_\_\_\_\_

Name \_\_\_\_\_ ISI # \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Skaters Age \_\_\_\_\_ Male \_\_\_\_\_ Female \_\_\_\_\_

### MANEUVERS

### Pass

### Incomplete

Backward Crossovers Around Circle

Right Over Left \_\_\_\_\_

Left Over Right \_\_\_\_\_

Backward Stop

Right \_\_\_\_\_

Left \_\_\_\_\_

360 Degree Control Turn

Right \_\_\_\_\_

Left \_\_\_\_\_

Backward Crossover Straight Back \_\_\_\_\_

### **Agility / Balance**

Backward Two Foot Jump \_\_\_\_\_

Backward Two Knee Touch \_\_\_\_\_

**TEST RESULT**    **PASS** \_\_\_\_\_ **INCOMPLETE** \_\_\_\_\_

Examiner Signature \_\_\_\_\_ Prof. # \_\_\_\_\_

Comments: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**Ice Skating Institute \* 6000 Custer Rd., Bldg. 9 \* Plano, Texas 75023**