



# ISI Free Dance 3 & 4 Test Sheet

**Skater #1** Name \_\_\_\_\_ ISI # \_\_\_\_\_

Skater Age \_\_\_\_\_ Home Rink \_\_\_\_\_

**Skater #2** Name \_\_\_\_\_ ISI # \_\_\_\_\_

Skater Age \_\_\_\_\_ Home Rink \_\_\_\_\_

Test Date \_\_\_\_\_ Test Location \_\_\_\_\_

Judge Signature \_\_\_\_\_ Prof. # \_\_\_\_\_

**FREE DANCE 3 Program:** Duration 1.5 min.

Kilian Spin \_\_\_\_\_  
Arabesque or Waltz Lift \_\_\_\_\_  
Backward Cutbacks \_\_\_\_\_  
Dance Step Sequence \_\_\_\_\_

**(Scoring 1-10)**

Posture \_\_\_\_\_ Position \_\_\_\_\_ Correctness \_\_\_\_\_ Pattern \_\_\_\_\_

Timing \_\_\_\_\_ Unison \_\_\_\_\_ Duration \_\_\_\_\_ Interpretation \_\_\_\_\_

**FREE DANCE 3 Test Result:** PASS \_\_\_\_\_ INCOMPLETE \_\_\_\_\_

**FREE DANCE 4 Program:** Duration 2 min.

Dance Spin in Waltz position \_\_\_\_\_  
Dance Lift \_\_\_\_\_  
Dance Step Sequence \_\_\_\_\_  
Hickory Hoedown (end pattern) \_\_\_\_\_

**(Scoring 1-10)**

Posture \_\_\_\_\_ Position \_\_\_\_\_ Correctness \_\_\_\_\_ Pattern \_\_\_\_\_

Timing \_\_\_\_\_ Unison \_\_\_\_\_ Duration \_\_\_\_\_ Interpretation \_\_\_\_\_

**FREE DANCE 4 Test Result:** PASS \_\_\_\_\_ INCOMPLETE \_\_\_\_\_

**Notes:**

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