



ISI Open Freestyle Tests & Events

Have you heard about the new Open Freestyle tests and events? All Freestyle skaters now have a choice: follow the traditional Freestyle 1-10 tests; use the new ISI Open Freestyle tests; or do **BOTH!** Skaters who have already passed any ISI Freestyle-level tests can also participate in this new test program. In fact, they can use the same Freestyle event program to compete in both the traditional Freestyle event **AND** the new Open Freestyle event!

One great new benefit is that USFS skaters who have already passed the Pre-Preliminary, Adult Pre-Bronze or any higher tests and wish to compete in ISI Open Freestyle events **do not need to pass any lower-level ISI tests.** In the past, the Alpha-Delta and traditional Freestyle-level tests were required before USFS skaters could compete at a higher Freestyle level – but not anymore! **The skater only has to take the new Open Freestyle test corresponding to their current USFS test level. They can then move to a higher level by only taking the higher Open Freestyle test.**

Each skater taking these new tests must be a current ISI Individual or Professional member. All skaters who have not passed USFS Pre-Preliminary, Adult Pre-Bronze or ISI Freestyle 1 test are still required to pass the ISI Alpha-Delta tests before taking the Bronze test.

Another great part about the new Open Freestyle tests is that you can choose the required maneuvers you do best. While you still have to complete all types of skating maneuvers to pass the test requirements, you can choose your best jump or best spin within each test level category.

These new tests have the same format, guidelines and general rules as the traditional ISI Freestyle tests. Each test level consists of two parts: the compulsory maneuvers and the program portion. Skaters must pass the compulsory maneuvers before attempting the program portion of the test. **Only one current ISI Professional member is required to judge all Open Freestyle tests.**

<i>If the skater has already passed ISI Freestyle tests:</i>	<i>If the skater has already passed USFSA Free Skate tests:</i>	<i>Skater must compete no lower than:</i>
Delta** or Freestyle 1-3	Pre-Preliminary Adult Pre-Bronze Adult Bronze	Bronze Freestyle*
Freestyle 4-5	Preliminary Pre-Juvenile Adult Silver	Silver Freestyle*
Freestyle 5-6	Juvenile Intermediate Adult Gold	Gold Freestyle*
Freestyle 7-10	Novice Junior Senior	Platinum Freestyle*

* Skaters can participate in a higher level, but not a lower level, based on the test equivalents. If skating in a higher level than the test equivalent, the skater must pass the new/higher Open Freestyle test level. Coaches should re-check the program content to verify the correct level and maneuver limitations.

** Skaters cannot participate in both Delta and FS1/Bronze level events. If a skater has passed the FS1 or Bronze test, they can no longer compete in any Delta level events.

ISI Bronze Freestyle Test

1. Any two jumps from Freestyle 1-3 levels – can be done solo or in combination
2. One additional jump combination with any two jumps from Freestyle 1-3 levels
3. Two spins or spin combinations – can include upright 2-foot or 1-foot and change-foot spins only
4. Two different arabesques – can be forward or backward and on different feet and/or different edges (**Note:** Two backward arabesques on different feet is not allowed at this level since it is a requirement on the Silver test.)
5. Dance step sequence – either the Freestyle 2 or Freestyle 3 dance step sequence or at least 10 steps of the skaters' own design and pattern. Should include variety of 3-turns and Mohawks.

Test program duration: 2:00 minutes including all of these required maneuvers and any additional maneuvers from Freestyle 3 and below

Test Standards

Specific passing standard descriptions for the required maneuvers from the traditional Freestyle 1-10 test maneuvers can be found in the 2010 edition of the *ISI Handbook*.

ISI Silver Freestyle Test

1. Any two jumps from Freestyle 4-5 levels – can be done solo or in combination
2. One additional jump combination with any two jumps from Freestyle 4-5 levels
3. Two spins or spin combinations – can include upright/sit/camel positions. One spin must be a combination spin with a change of position or a sit spin or a camel spin.
4. Two backward arabesques – must be on different feet
5. Dance step sequence – either the Freestyle 4 or Freestyle 5 dance step sequence or at least 16 steps of the skater's own design and pattern. Should include turns such as: 3-turns, Mohawks, brackets, Choctaws, etc.

Test program duration: 2:00 minutes including all of these required maneuvers and any additional maneuvers from Freestyle 5 and below

ISI Gold Freestyle Test

1. Any two jumps from Freestyle 5-6 levels – can be done solo or in combination
2. One additional two-jump combination with the first jump from Freestyle 5-6. The second jump can be from a lower level
3. Two spins – one must be a combination spin with change of foot, but cannot include any flying spin
4. Dance step sequence – either the Freestyle 5 or Freestyle 6 dance step sequence or a straight line or serpentine pattern footwork sequence covering the length of the ice of the skaters' own design. Should include a variety of turns and edges along with excellent control, flow and speed.

Test program duration: 3:00 minutes including all of these required maneuvers and any additional maneuvers from Freestyle 6 and below

Note on Jump Requirements

All jump requirements for these tests can have the same jump(s) repeated for different test requirements.

ISI Platinum Freestyle Test

1. Any two jumps (or jump sequence requirement) from Freestyle 7-10 levels – can be done solo or in combination
2. Two additional jump combinations with at least one double jump in each combination
3. Two spins – one must be a flying camel or flying sit spin
4. One spin combination with at least three different positions and one change of foot
5. Dance step sequence – either the Freestyle 7, Freestyle 8 or Freestyle 9 dance step sequence, or a footwork sequence covering the length of the ice of the skater's own design and pattern. Should include a variety of turns and edges along with superior control, flow and speed.

Test program duration: 4:00 minutes including all of these required maneuvers and any additional maneuvers

Open Freestyle Events

After you pass one of the new Open Freestyle tests, then what can you do?

You can compete in the new Open Freestyle competition events at the Bronze, Silver, Gold or Platinum level. ***All ISI skaters who have already passed the traditional Freestyle 1-10 test levels are not required to pass any additional test before they can also compete in the new corresponding level for the Bronze, Silver, Gold and Platinum Open Freestyle events.***

Maneuver limitations:

For the Open Freestyle competition event programs, THERE ARE NO REQUIRED MANEUVERS.

- Bronze-level skaters can do any maneuvers from Freestyle 3 and below.
- Silver-level skaters can do any maneuvers from Freestyle 5 and below.
- Gold-level skaters can do any maneuvers from Freestyle 6 and below.
- Platinum-level skaters can do any maneuvers.

The competition event programs should be well-balanced and have the same duration time as the test level program. Even though some duration times for these new levels are slightly longer than the traditional ISI Freestyle events, all ISI Freestyle skaters can use the same Freestyle program to compete in this new event category since there is never any penalty in ISI competitions for skating under the prescribed duration time. Also, since there is no score for “Extra Content” in the new Open Freestyle events, the slight difference in duration times won’t be a factor in judging the overall quality of the program.

Event judging criteria:

The following judging criteria are used for the Open Freestyle events: Correctness, Variety of Moves, Choreography and Pattern, Music Interpretation, Posture, Presentation, Duration and General Overall (by all 3 judges).

So you also want to participate in other ISI competition events such as Artistic, Footwork, Interpretive, Spotlight, Solo Compulsories and Rhythmic Skating?

No problem! You can sign-up for any or all of these events in the Bronze, Silver, Gold or Platinum levels by following the performance rules for each event. The only ISI Freestyle-level competition event you ***cannot do*** by only passing the Bronze, Silver, Gold or Platinum tests is the traditional Freestyle event such as Freestyle 1, 2, 3, etc.

The ISI Competition Director now has the option to group entries into Bronze, Silver, Gold and Platinum categories for the following ISI events:

- Artistic
- Footwork
- Spotlight
- Solo Compulsories
- Interpretive
- Rhythmic

For example, entries can be grouped with “Artistic 1-2-3” skaters together and with “Artistic Bronze” skaters together in separate groups; or they can be combined into a single “Artistic 1-3/Bronze” event group. As for all ISI competition events, the event groups can be further divided based on the entries received and the age of the skaters with no more than nine competitors in any event group.

The event divisions are:

- Bronze - Freestyle 1-3 skaters and Bronze-level skaters
- Silver - Freestyle 4-5 skaters and Silver-level skaters
- Gold - Freestyle 5-6 skaters and Gold-level skaters
- Platinum - Freestyle 7-10 skaters and Platinum-level skaters

Note: ISI Freestyle 5 skaters have a choice of competing in the Silver or Gold event level for each event, i.e. Open Freestyle, Artistic, Spotlight, Interpretive, etc. They must stay in the same level (Silver or Gold) for all events at the same competition.

Solo Compulsory events – If skaters who have ***only passed the Open Freestyle tests*** want to compete in a Solo Compulsory event, they must skate in the corresponding levels listed below:

- Bronze - Solo Compulsory Freestyle 3
- Silver - Solo Compulsory Freestyle 5
- Gold - Solo Compulsory Freestyle 6
- Platinum - Choose any Freestyle 7-10 level on the entry form for that competition event.

You think that’s a lot of new stuff? Well, you’re right! We’ve already received many “rave reviews” from excited coaches and skaters who have already tried these new events.

2010 Rule Revisions

All ISI skaters and coaches should carefully check the ***2010 ISI Handbook*** for correct duration times and maneuver limitations for all ISI events. The 2010 changes are mandatory for all ISI competitions.

