

Synchronized Skating

All ISI Synchronized teams need to register their team each season prior to their first competition. The Synchronized Team registration fee is \$25 per team.

- The following items are verified:
- Team age division (as of 7/1 date)
- Individual membership of each skater
- Coach(s) Professional membership

This registration fee will allow each team to designate a team manager who will complete a background check. Additional Team Managers may also be designated for an additional \$25 each. (Please note: ISI membership is not applicable for Team Managers)

All non-skating persons that enter locker rooms at an ISI National event must have a credential. Credentials are only obtained by following the above procedures.

All team members will receive a crescent patch for the 2014-15 season. All new team members will also receive an ISI Team Member patch during their first season on the team.

Grab your friends and join the fun! Synchronized skating is the fastest growing part of figure skating – with the grace of ballet, the elegance of ice dancing and the beauty of pair skating all combined into an amazing group performance on ice.

All ISI synchronized teams have between 8-24 skaters. ISI synchronized events are now divided into 5 categories: Formation, Advanced Formation, Skating, Open Skating and Dance.

Formation teams are newer teams doing basic formations with basic skating skills and mainly forward skating. Backward skating can be done on 2-feet only. Lifts and rotation jumps are not allowed in the formation category. This is a great way for teams to learn the basics of synchronized skating.

Advanced Formation teams have already competed in the Formation event, but skaters on these teams can do 3-turns, mohawks and backward crossovers for transitions and in block sequences. Lifts and rotation jumps are not allowed in the advanced formation category. This is a great way for teams to take the next step as they continue to improve the basics of synchronized skating.

Skating teams have already mastered the basics of synchronized skating and execute superior formations with speed, difficulty and accuracy. There is a minimum of stops and 2-foot skating in the skating category. Teams should have smooth transitions and effortless performance. Unison, cleanness and speed are expected. Lifts are permitted in the Teen Skating events only.

NEW! Open Skating teams are advanced skating teams. There are no required maneuvers in this event category, but the lift restrictions for the traditional skating team events are still in effect. More freedom of expression and variety of moves is important in this team routine.

Dance teams have more flexible choreography with all skaters moving in unison utilizing dance steps and skating moves to produce a well-rounded program. Teams can focus on a particular type of dance, such as tap, ballet, jazz – or including folk dances from various countries of the world.

For more detailed descriptions and information, please refer to the 2014 edition of the *ISI Handbook*.

AGE DIVISIONS: Age determined each year on the previous July 1.

- **Tot** - Majority 6 years & younger
- **Jr. Youth** - Majority 8 years & younger
- **Youth** - Majority 9-11 years
- **Sr. Youth** - Majority 12-14 years
- **Teen** - Majority 14-19 years
- **Collegiate** - Majority 18-25 years
- **Adult** - Majority 20 years and older
- **Master** - Majority 40 years and older

Based on the entries received, the Competition Director can combine the Youth / Sr. Youth and also the Adult / Master divisions to provide competition for the teams. All other divisions must remain separated.

PROGRAM DURATIONS: There is a maximum 10-second leeway over the times listed below:

Formation Teams

- Tot 3:00
- Jr. Youth 3:30
- Youth 3:30
- Sr. Youth 3:30
- Teen 4:00
- Collegiate 4:00
- Adult 4:00

Skating and Dance Teams

- Tot 2:00
- Jr. Youth 2:30
- Youth 3:00
- Sr. Youth 3:30
- Teen 4:30
- Collegiate 4:30
- Adult 3:30

Open Skating Teams

- Sr. Youth 4:00
- Teen 4:00
- Collegiate 4:00
- Adult 4:00

Formation Compulsories – All ages 1:45 (with a 10-second leeway)

Skating Compulsories – All ages 2:30 (with a 10-second leeway)

ISI SYNCHRONIZED SKATING TESTS 1-4

The ISI recently introduced a series of four new Synchronized Skating tests to help encourage and reward beginning team skaters. After the team has passed Test 2 and Test 4, they will have already

mastered the skills necessary to participate in the Formation Compulsory and Skating Compulsory events.

These tests ARE NOT REQUIRED for any team to participate in any local, district or national ISI competition event. They are only for education and accomplishment to help team skaters learn to work together as they achieve a common goal.

The colorful test patch crescents can be purchased by the team members for \$1 each after the team passes each test level. Be the first team in your area to earn all four patches!

These patches compliment the newly designed Synchro Team Member patch that each team member receives when their team is registered for the current skating season.

Synchronized Test 1

1. Demonstration of holds – hand hold, shoulder hold, waist hold
2. Forward Skating line
3. Forward Circle
4. Forward Two-Spoke Wheel
5. Forward Skating Block

Synchronized Skating Test 2

1. Forward Intersection
2. Forward Skating Line into Forward Two-Spoke Wheel
3. Forward Two-Spoke Wheel into a Forward Block
4. Forward Block into Forward Circle
5. Synchronized Formation Compulsory Program

Synchronized Skating Test 3

1. Line
2. Footwork Block
3. Circle
4. Wheel
5. Intersection

Synchronized Skating Test 4

1. Line to Intersection
2. Intersection to Circle
3. Circle to Footwork Block
4. Footwork Block to Wheel
5. Synchronized Skating Compulsory Program

For more test requirement details, please see the current edition of the *ISI Handbook*.