

ISI Skaters Creed

- I will try to do my own personal best.
- I will support and encourage my fellow teammates.
- I will make three new friends at this competition from ice rinks other than my own.
- I will be a good representative from my home rink team.
- I will skate at my own true level of ability.
- I will be modest in victory.
- I will be gracious in defeat.
- I will not focus on winning but on my participation and enjoyment of ice skating.